

NOVEMBER 2009 Muscogee County Elementary School Menus

11/02/09	11/03/09	11/04/09	11/05/09	11/06/09
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Ham Biscuit OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice	Breakfast Muffin w/ Grits OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice	Cheese Toast OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice	Hard Boiled Egg w/ Toast & Jelly OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice	Cheese Grits w/ Sausage OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice
Lunch	Early Release Lunch	Lunch	Lunch	Lunch
Salisbury Steak w/ Roll Mashed Potatoes Mixed Fruit Milk Choice	Deli or PB&J Sandwich Carrot Sticks w/ Dip Fresh Fruit Cookie	Grilled Ham & Cheese Sandwich Steamed Broccoli Peaches Milk Choice	Baked or Fried Chicken w/Rice and Roll, Offer Gravy Succotash (Lima Beans & Corn) Fresh Fruit Milk Choice	Hot Dog w/ Chili & Bun French Fries Pears Milk Choice
LITE BITE SERVED W/ MILK		LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK
Chicken Wrap		Cheese & Fruit Plate	Snackable Sack Lunch	Baked Potato, Chili, Pears & Crackers
After School Snack	After School Snack	After School Snack	After School Snack	After School Snack
Cheddar Goldfish & Juice	Vanilla Crème Cookies & Milk	Apple Fruit Delight & Juice	Multigrain Sun Chips & Juice	Pretzels & Juice
11/09/09	11/10/09	11/11/09	11/12/09	11/13/09
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Belgian Waffle w/ Sausage link OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice	Cinnamon Toast w/ Oatmeal OR Cereal / Asst. Breakfast Selections Applesauce Milk Choice		Sausage Biscuit OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice	Grits w/Sausage OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice
Lunch	Lunch	Lunch	Lunch	Lunch
Cheeseburger on Bun Potato Wedges Peaches Milk Choice & Brownie	Spaghetti w/Meat Sauce & Garlic Bread Tossed Salad Mixed Fruit Milk Choice	No School	Chicken Patty Sandwich Broccoli, Cheese, & Rice Casserole Pineapple Tidbits Milk Choice	Mexican Taco Salad Refried Beans Orange Wedges Milk Choice
LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK
Chef Salad w/ Turkey	Snackable Sack Lunch		Snackable Sack Lunch	Chef Salad w/ Chicken Patty
After School Snack	After School Snack	After School Snack	After School Snack	After School Snack
Graham Crackers & Juice	Cereal & Milk		Cheese Crackers w/ PB & Juice	Nacho Cheese Doritos & Juice

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11/16/09	11/17/09	11/18/09	11/19/09	11/20/09
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Ham Biscuit OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice	Breakfast Muffin w/ Grits OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice	Manager's Breakfast Choice OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice	Manager's Breakfast Choice OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice	Manager's Breakfast Choice OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice
Lunch	Lunch	Lunch	Thanksgiving Meal	Lunch
Pizza Tossed Salad Applesauce Milk Choice	Corn Dog French Fries Pear Salad Milk Choice	Deli or PB&J Sandwich w/ Chips Carrot Sticks w/ Dip Fresh Fruit Milk Choice	Turkey slices w/ Gravy & Cranberry Sauce OR Chicken Nuggets Cornbread Dressing & Roll Sweet Potatoes Green Beans Milk Choice	Manager's Entree & Bread Choice Manager's Veggie Choice Manager's Fruit Choice Milk Choice
LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK
Manager's Choice	Manager's Choice	Manager's Choice	Holiday Dessert	Manager's Choice
After School Snack	After School Snack	After School Snack	After School Snack	After School Snack
Pop Tart & Juice	Giant Goldfish Graham & Milk	Strawberry Fruit Delight & Juice	Cheese Crackers w/ cheese filling & Juice	Oatmeal Crème Cookies & Milk
11/23/09	11/24/09	11/25/09	11/26/09	11/27/09
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
No School	No School	No School	No School	No School
Lunch	Lunch	Lunch	Lunch	Lunch
No School	No School	No School	No School	No School
LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK	LITE BITE SERVED W/ MILK
After School Snack	After School Snack	After School Snack	After School Snack	After School Snack
11/30/09				
Breakfast				
Ham Biscuit OR Cereal / Asst. Breakfast Selections Juice or Fruit Choice Milk Choice				
Lunch				
Pizza Tossed Salad Applesauce Milk Choice				
LITE BITE SERVED W/ MILK				
Snackable Sack Lunch				
After School Snack				
Cool Ranch Doritos Chips & Juice				

Items may change due to availability.

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